



# Screening Program for Breast Cancer Guidance Document

Patient Characteristics	Recommendations
40 year of age and younger at average risk	Routine screening mammograms are <b>not</b> provided by SPBC.
40 to 49 years of age at average risk	Routine screening mammograms are <b>not</b> provided by SPBC.  Benefits and harms of screening should be discussed with patients to support informed decision*  Women who choose to be screened should be referred to a diagnostic centre
50 to 74 years of age at average risk <ul style="list-style-type: none"> <li>no signs or symptoms of breast cancer (i.e., lumps or nipple discharge)</li> <li>no breast implants</li> <li>no previous diagnosis of breast cancer</li> </ul>	<b>Routine screening mammograms every 2 years</b>  SPBC may screen <b>annually</b> for women with increased risk. For example: <ul style="list-style-type: none"> <li>Significant family history**</li> <li>Pathological diagnosis of lobular carcinoma in-situ (LCIS) or atypical ductal hyperplasia (ADH) or atypical lobular hyperplasia (ALH)</li> <li>Breast density &gt; 75%</li> </ul>
75 years of age or over	Routine screening mammograms would be based on discussion regarding benefits and harms of screening with your patient.  Women can choose to continue attending SPBC by calling 1-855-584-8228 as they will not receive an invite letter from the program.
Symptomatic	Perform a clinical breast exam to aid with assessment  Refer to a diagnostic centre for a diagnostic mammogram, ultrasound and/or surgical consultation  If a mammogram is negative in the presence of a palpable abnormality, send for further assessment
Breast implants	Refer to a diagnostic centre for screening
High risk women***	Refer to the Breast Health Centre in Saskatoon – High Risk Breast Cancer Clinic by calling 1-306 655-8686
New breast cancer diagnosis	Refer to a surgeon for consult. Surgeon can access multidisciplinary rounds as needed to support decision making.  Referral to the Saskatchewan Cancer Agency is required either by the healthcare provider or surgeon
Post-breast cancer diagnosis	Once the patient is 5 years post-diagnosis they can return to SPBC for routine screening. Please ask your patient to call 1-855-584-8228 to book their screening mammogram

\*Reference: The Canadian Task Force on Preventive Health Care for screening women below 50 years of age and above 74 years of age

\*\*Family history – first degree relative with breast cancer (mother, sister or daughter)

\*\*\*Per Breast Health Centre - please reference their website for details on who they see



# Screening Program for Breast Cancer Guidance Document (cont.)

## Management of mammography results

Results	Management
Normal (negative)	SPBC will invite these clients every 1 or 2 years, depending on the radiologist's recommendations
Abnormal (positive)  Note: Nurse navigators navigate the entire province. Please request/complete/return a signed medical directive	SPBC's nurse navigators will coordinate follow-up diagnostic mammograms and/or ultrasounds recommended by the screening program radiologist for those healthcare providers who signed a medical directive authorizing them to do so. This does not include arranging biopsies or surgeries.  The healthcare provider will receive all reports from the diagnostic centre. The diagnostic report may indicate that the healthcare provider needs to make a referral or order other diagnostic tests.  If the nurse navigators are not given permission, it is the responsibility of the healthcare provider to arrange the follow-up tests.

\*Reference: The Canadian Task Force on Preventive Health Care for screening women below 50 years of age and above 74 years of age

\*\*Family history – first degree relative with breast cancer (mother, sister or daughter)

\*\*\*Per Breast Health Centre - please reference their website for details on who they see